BALDWIN CARE CENTER

650 Birch Street, Baldwin, WI 54002 | (715) 684-3231

Celebrating Winter



Happy New Year!

January 1

January Birthday Party with Rudy Rudesill January 12

Happy Maintenance Day!

January 18

Happy Activity Professionals Week

January 22 − 27th

Music with Larry Radle
January 25



February Birthday Party with Rudy Rudesill

February 9

Happy Valentine's Day
February 14

Valentine Celebration Music with Larry Radle King & Queen 2023

February 16

Looking Back to See the Future

A new year often prompts us to look forward and imagine what the coming months might hold. The month of January is named for the Roman god Janus, protector of gates, doorways, and transitions. He was depicted with two faces, one looking to the future and the other looking to the past. January seems an opportune month for reflection, to contemplate where we have been as we chart where we are going.

History occurs on different and dramatic scales. The geologic history of Earth stretches back billions of years. Human ancestors first appeared hundreds of thousands of years ago. While there are lessons to be learned from each of these periods, perhaps far more pressing are our own personal histories. Personal reminiscence can be a powerful practice, especially with those who have dementia, if done correctly.

For people with Alzheimer's and other forms of dementia, personal identity can seem to slip away as cognitive abilities decline. But even as individuals begin to lose touch with current events, they may hold onto cherished memories.

Photographs, treasured objects and favorite songs all can help stimulate fond thoughts of the past for people with dementia. These are also great tools to use while visiting

your loved one. The strong bond to familiar people and places is the basis for a special form of therapy that helps individuals with dementia to recall their personal histories. Using these tools will also create moments of joy during your visit for you and your loved one.



Birchwood Apartments

In December, Birchwood Apartments tenants starting celebrating the holidays early with a holiday craft sale. It was a great success! The tenants made so many beautiful items to sell. There were wreaths, blankets and pillows, jewelry, and so much more. Thank you to everyone who came out to support this event.

On the 20th we had a Christmas Party. Each tenant drew names for the gift exchange; it was great fun opening presents and seeing who our secret Santa was. After the gift



exchange, we had a sit down family-style supper where the staff served us. There was even sparkling juice to drink and wonderful singing at the end.

On the 30th we celebrated New Year's Eve with Hors D'oeuvres, music, and bingo. We played a "White Elephant" game and sang a couple of songs. We are looking forward to the new year with more fun and memories.

Jenell Neidermyer Birchwood Apartments Manager

Thank you Activity Professionals!



Group activities for our residents are important for brain health, strengthening the community, and providing purpose

a shirt was shirt

to daily living. We have activity professionals to thank for organizing fun activities that can normally require lots of planning preparation. That is why we are celebrating National Activity Professionals Week January 23-27, 2023! Thank you to our BCC Activity Staff Angela Tellijohn, CTRS, Juanita Ferg, and Amy Kohls. And thank you to Birch Haven activity coordinator Lori Bee. You all do an amazing job creating many moments of joy for all our residents. **ACTIVITY TIME**

Birchwood Apartment Memories 2022







Birch Haven Assisted Living

On Wednesday, December 21, 2022, we had our resident Christmas Party. Staff picks the names of the residents they would like to give gifts to and then present them to the residents as from, "Santa". It is really fun seeing their eyes light up, as they do not expect any gifts, they think they're just playing games and having treats! Lori and Jessica were playing Pictionary with Christmas themes and the residents were great guessers, despite the drawings they had in front of them!

On New Year's Day, the staff passed out sparkling grape juice for afternoon snack and the residents just thought that was the best! We said Happy New Year to all of them and even clinked a few cups together!!

I just wanted to take this opportunity to thank all the families and the staff for the welcome and support I've had these past 18 months. I have loved every minute of being here and I've learned so much as my time as the Nurse Manager. An opportunity has presented itself to me that I've decided to take. Starting in February, I will be transitioning into my new role as the Director of Nursing at Baldwin Care Center. Denise Hague, who is the current DON, will be in the Assisted Living weekly, usually when Andrea is here. I ask that all families give us the grace you have in the past as we transition into our new roles!

Jessica Bark, RN Birch Haven Nurse Manager



Hello everyone, my name is Tiffany Erb and I am the new assistant manager here at Birch Haven Assisted Living. I am the person you will be talking to when you have any questions or

comments about your loved ones.

I have been in the medical field for the past 11 years working as a CAN and/or caregiver. I have had positions such as lead caregiver and as Assistant Director, which have helped prepare me for this position here at Birch Haven.

I have two beautiful children; Adalynn is 5 and Landon who is 2. In my free time I enjoy spending time outdoors, helping with my family's farm, riding ATVs, fishing, and hunting

Bírch Haven Memoríes 2022









2022 Baldwin Care Center Memories



























LOOKING FORWARD

May this new year find you healthier and happier, peaceful, content, satisfied, looking forward to fresh, revitalizing interests, a variety of pleasures, interesting new people, material and personal successes to make this new year the best one yet.

Happy New Year!