



Dear Residents, Family Members and Friends,

This newsletter is being sent to all responsible parties listed as the primary contact for the Baldwin Care Center. Birch Haven Assisted Living is sending this newsletter to responsible parties. The Apartment Manager distributes copies to the Birchwood Apartment tenants. Responsible parties can direct their family members to the Baldwin Care Center website at [www.baldwincarecenter.com](http://www.baldwincarecenter.com) to read current and previous newsletters. If there is a topic you would like discussed in the newsletter, please feel free to contact me via email at [elafavor@baldwincarecenter.com](mailto:elafavor@baldwincarecenter.com) or by phone at 715-684-3231, Ext. 103.

Since the last newsletter the Baldwin Care Center had one employee test positive for COVID-19. There was no direct contact with residents so it was not necessary to test all of the residents. There have been no other COVID cases in either Birch Haven Assisted Living or Birchwood Apartments. The community transmissibility rate has recently increased to a high level and is currently remaining at that level. This means that the facility must test staff who are not up-to-date with their COVID-19 vaccines two times per week. I want to remind family members and friends that visit that you should be wearing a mask during your entire visit. Please stay home if you are not feeling well. Residents of the Baldwin Care Center will be receiving their second COVID booster shot on Tuesday, May 17<sup>th</sup>. The residents of Birch Haven Assisted Living and Birchwood Apartments will be receiving their boosters on June 7<sup>th</sup>.



The Baldwin Care Center began celebrating National Skilled Nursing Care Week beginning with Mother's Day. We enjoyed a fun week with each day of the week having a dress up theme and special activities:



- Sunday** – Happy Mother's Day! Corsages for the ladies and tea and cakes delivered for residents
- Monday** – Team Spirit Day. Dress in your favorite team jersey, shirt or colors. Yard games played
- Tuesday** - Dress Tacky, Wacky and Crazy Style. Old fashioned candies served and Wacky BINGO
- Wednesday** – Beach Day. Dress in beach attire. Beach ball volleyball and ice cream treats served
- Thursday** – Western Day. BBQ Grill out and country music with Rudy Rudesill
- Friday** – Hippie Day. Dress in tie dye style. Breakfast treats and 60s Groovy Scavenger Hunt

We had a lot of fun during this special week devoted to skilled nursing facilities. Thank you to the Activity Department for planning and coordinating the treats and fun events during the week.



Nurses Day was celebrated on May 6<sup>th</sup>. Nurses received gifts of gratitude. We want to recognize all the nurses who work here and acknowledge the hard work that they do every day. Their passion for our residents is truly appreciated. They are a valued member of our team. Thank you so much to all of the amazing nurses who work on this campus!

There is some significance to the date of the publication of this week's newsletter. It is Friday the 13<sup>th</sup>. Friday the 13<sup>th</sup> is significant because it is thought that it is an unlucky day. The specifics of when this tradition began are uncertain. The superstition likely dates back to Christians and the seating arrangement at the Last Supper. Having 13 guests at a table was a bad omen. I found lists of things that you are not supposed to do on Friday the 13<sup>th</sup>. They include: \*Walk under a ladder. \*Break a mirror. You will have seven years of bad luck. \*Use a vending machine. Apparently people are killed every year because vending machines fall on them. \*Eat foods just the right size to choke on. \*Spill salt. If you do spill salt you should take a pinch and throw it over your left shoulder or live a cursed life. \*Walk alone in a dark alley. It's probably not a good idea to do this on any day. \*Let an owl look at you. Myths say that if owls look at you through the window, there will be bad news. \*Cross your eyes. They will stay like that. \*Cutting hair and nails. Apparently things could go badly. Cancel your salon appointment. \*Step on a crack. It will break your Mother's back. \*Walk past a black cat. Some say it's an omen of doom. \*Don't yawn unless you cover your mouth to keep the devil out. \*Do not cross your knife and fork. \*Put shoes on the table. You could risk a family member's death. I have heard of some of these, but some were new to me. I hope your Friday the 13<sup>th</sup> was not an unlucky day for you.



Baldwin Care Center, Birch Haven Assisted Living and Birchwood Apartments would like to thank the students of the Baldwin Christian School for doing some Spring clean up for us. The students worked very hard. The campus looks great. Thank you so much! Everyone here truly appreciated it. Thank you for your community service and sharing your talents to improve the campus.

*Eileen LaFavor,  
Administrator*

